

## GSD (Glycemic Status Assessment for Patients with Diabetes)

The percentage of members 18–75 years of age with diabetes (types 1 and 2) whose most recent glycemic status (hemoglobin A1c [HbA1c] or glucose management indicator [GMI]) was at the following levels during the measurement year:

Glycemic Status (<8.0%)

Glycemic Status (>9.0%)

### Why It Matters:

The HbA1c test measures the average glucose level over the past three months. Numerous studies conclude that keeping HbA1c in the desired range can help reduce complications of diabetes. The higher the levels, the greater your risk of developing diabetes complications.

HbA1c is an important tool for managing diabetes, but it doesn't replace regular blood sugar testing at home. Blood sugar goes up and down throughout the day and night, which isn't captured by your HbA1c. Two people can have the same HbA1c, one with steady blood sugar levels and the other with high and low swings.

The American Diabetes Association's (ADA) recommendation for measuring HbA1c is at least two times a year for those currently meeting goals. HbA1c should be checked quarterly if >8%.

Lines of Business Affected:

● Medicaid, ● Medicare, ● Marketplace



### Recommendations for getting a baseline HbA1c:

- over the age of 45
- have risk factors
- have ever had gestational diabetes

### Tips and Best Practices to close HBD Care Gap

- Be aware of the HbA1c monitoring and management requirement for patients with diabetes
- Document all HbA1c lab values with the lab test date
- Provide education to your patients regarding the need to monitor and manage their blood sugars (HbA1c)
- Assist patients if needed to schedule lab visits for regular HbA1c testing to include transportation assistance.
- Remind patients of open care gaps for the best management of their diabetes during care management calls



USE OF CPT II CODES ON CLAIMS REDUCES THE NEED FOR REQUESTING MEDICAL RECORDS:	
<b>Diabetic Retinal Screening Negative in Prior Year</b>	
HbA1C <7%	CPT-II: 3044F
HbA1C >=7%<8%	CPT-II: 3051F
HbA1C >8%<=9%	CPT-II: 3052F
HbA1C >9%	CPT-II: 3046F

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If you need help locating a health care provider or feel that your patient could benefit from Care Management Services, please call to speak with our staff.

**Contact Provider Partnership:**

<a href="http://HomeStateHealth.com">HomeStateHealth.com</a>	Home State: 1-855-694-4663 / TTY: 711
<a href="http://HomeStateHealth.com">HomeStateHealth.com</a>	Show Me Healthy Kids: 1-877-236-1020 / TTY: 711
<a href="http://Ambetter.HomeStateHealth.com">Ambetter.HomeStateHealth.com</a>	Ambetter: 1-855-650-3789 TTY: 1-877-250-6113
<a href="http://Wellcare.com">Wellcare.com</a>	Wellcare: MAPD 1-833-444-9088 / D-SNP: 1-833-444-9089 / TTY: 711
<a href="http://Wellcare.com/en/Missouri">Wellcare.com/en/Missouri</a>	Wellcare By Allwell: MAPD 1-855-766-1452 / D-SNP: 1-833-298-3361 / TTY:711