



## Show Me Healthy Kids

MANAGED BY HOME STATE HEALTH

## Specialized Managed Care

for

youth who are in DSS custody, former foster children, and for individuals receiving adoption and guardianship subsidy

## Show Me Healthy Kids

Coverage under [Show Me Healthy Kids \(SMHK\)](#) managed by Home State Health began July 1, 2022. Individuals who qualify for coverage through SMHK were automatically moved to this plan from their existing health plan or will be enrolled in this health plan the day they are approved for MO HealthNet benefits. They will continue to get their healthcare coverage through this plan as long as they are eligible. Eligibility groups for SMHK include:

- Children in the care and custody of the Missouri Department of Social Services
- Children receiving adoption or legal guardianship subsidy
- Adults under the age of 26, who were in foster care on their 18th birthday and covered by MO HealthNet, and who meet other eligibility criteria
- Former foster care youth under the age of 26, who were previously in foster care on their 18th birthday and covered by Medicaid from another state, and who are not currently eligible for Medicaid coverage under another program

View the Member Handbook [here](#).

## Additional Member Benefits

- 24- hour [Nurse Advice Line](#)
- [Rewards](#) for completing healthy behaviors
- Mobile app from Apple or Google Play app store to view member information and find community resources
- Health coaching program for members with asthma, diabetes, depression, or pediatric obesity
- After-school programs
- When engaged with care management staff, new members may receive: (for infants) small backpack, hooded baby towel, sippy cup and (for older children) duffle bag, fleece blanket, journal
- Medication lock boxes
- Sound machines
- [Transportation](#) for doctor appointments, lab tests, and any other non-emergency medical appointment
- If pregnant: home visiting program, diapers, belly bands, and rewards for attending OB appointments

## Care Management

Health plan care managers will be coordinating care and case managing members. This includes attending Family Support Team meetings, providing physical health, behavioral health, and [social resources](#), inpatient and post discharge outreach, assisting with level of care transitioning, Individualized Education Plan (IEP) coordination, and supporting the [Adolescence to Adulthood](#) program. We can assist with [locating providers](#), overcoming barriers to care access by assisting with transportation, reviewing claims history for continuity of care and linking members with resources to avoid a crisis. [Care Management](#) programs are listed below.

### Asthma Waves Program

The [asthma program](#) provides a designated asthma care manager who will provide telephonic or face-to-face interaction, education and support services to promote adherence to asthma treatment guidelines, prevent exacerbations and optimize functional status, and referrals.

Spacer, peak flow meter, and hypoallergenic items can be sent directly to the member's home without requiring a prior auth or a prescription.

### Start Smart for Your Baby

[Start Smart for Your Baby®](#) is our special program for individuals who are pregnant. In addition, we have a focused program specifically designed for pregnant people with substance use disorder.

For babies requiring NICU stays, we also offer **NICU Care Management**. A dedicated NICU care manager assists with communicating with the baby's medical team, understanding the baby's plan for care, helping to find additional health care resources if needed, and more.

# Care Management Programs Cont.



## Lead Care Management

Members are eligible for the Lead CM program when there is a positive blood lead test equal to or greater than five (5) micrograms per deciliter (elevated blood lead level, or EBLL).

## Sickle Cell Care Management

The Sickle Cell CM team provides support and oversight of coordination of efforts for Sickle Cell members, care givers and health care providers to meet the complete medical needs of members with an added focus on those members identified as complex or high utilizers.

## General Pediatric & Adult Care Management

The [Pediatric & Adult Care Management](#) staff assist members in achieving optimum health, functional capability, and quality of life through improved management of their disease or condition. They work collaboratively with members, family and significant others, providers, and community organizations to develop goals and assist members in achieving those goals.

# Caregiver Support

## Caregiver Training

We offer free interactive training [online](#), featuring live teleconferencing with a facilitator or host, for all foster care stakeholders as a community service. Some topics include:

- Post-Adoption Support
- Behavioral Issues
- Trauma
- Self-Care
- Bullying
- Child Abuse and Neglect



Show Me Healthy Kids families can join [The Association for Training on Trauma and Attachment in Children \(ATTACH\)](#) caregiver support group meetings at no cost every 1<sup>st</sup> and 3<sup>rd</sup> Monday at 8pm and every Wednesday at 11am.

Each Month the group will explore a different topic or theme relevant to caregivers raising children with attachment and trauma challenges. Registration is easy! Families can sign up by emailing [familyadvocacy@attach.org](mailto:familyadvocacy@attach.org) or via phone call or text message at 612-548-1057 and identify the Show Me Healthy Kids member. Please visit [www.attach.org](http://www.attach.org) for more information.

## Things to Note

- Members who are 18 and over can access telehealth through Teladoc as a Show Me Healthy Kids benefit. This benefit is available 24/7 for members.**
- Staff from our Care Management team will be outreaching and have regular contact with discharge planners, social workers, residential facilities, adult members, legal guardians, case managers, and placement providers to coordinate care and case manage the member, especially during difficult times.**
- Show Me Healthy Kids offers staff training on CALM (Counseling on Access to Lethal Means).**

Visit Show Me Healthy Kids managed by Home State Health at <https://www.homestatehealth.com/members/healthy-kids.html>. Contact us by emailing [HSH\\_Anchors@homestatehealth.com](mailto:HSH_Anchors@homestatehealth.com) or call us at 1-877-236-1020.

